



Program Overview

Genome	Food Security
Program Type	Capacity Building
Beneficiary Type	Organizations
Budget	\$501,733 CAD

Description

Rescue Food uses a dedicated app, mobilizing volunteers to connect vendors who have excess good food to service agencies in need of food donations for clients experiencing crisis hunger. Volunteers choose routes in the app, picking up surplus food from donors and delivering it to service agencies who can use the donated food for clients. The program redirects approximately 41,000 lbs of good food per month, preventing more than 25 tonnes of greenhouse gas emissions, and saving our service agency partners nearly \$147,000 in food costs.

Program Logistics



Canada (Alberta)

Location:

Beneficiaries

Rescue Food primarily serves community organizations providing food access programming to people experiencing food insecurity and/or crisis hunger.

Impact Genome Insight (February 2025)

The Rescue Food Program utilizes an app and an extensive volunteer network of nearly 500 individuals to deliver food to service agencies to reduce costs for the organization significantly. Currently, they track the increased total pounds of food delivered to each agency year over year, which is a point-in-time study. This also could be improved in the future by tracking the expanded number of individuals or families who were able to access the food or improved service efficiency due to the delivery. The program budget increased this year due to increasing the wages for their staff after their working hours went up. Rescue Food Alberta has also expanded to Red Deer and Lethbridge, increasing the number of service agency partners we have been able to support.

Outcomes

Primary Outcome: Z03.04.06: Improved Food Distribution Network

This outcome is satisfied if a partner organization or agency has demonstrated the following within the past year:

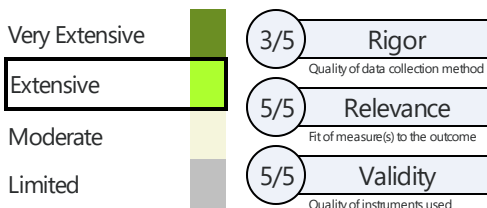
- Expanded number of individuals they served that received a meal that was affordable and convenient (e.g., within 3 miles/25 minutes of home or work, does not necessitate forgoing other essential services or needs, etc.)
- Expanded proportion of individuals they served accessing at least one month of affordable and convenient food (e.g., within 3 miles/25 minutes of home or work, does not necessitate forgoing other essential services or needs, etc.)
- Increased quantity of food available for distribution to food insecure individuals
- Improved program efficiency (e.g., more efficient use of resources, increased program quality without additional cost)

Verified Results

100% Efficacy Rate % of beneficiaries achieving a positive outcome	117 Program Reach # of beneficiaries served	117 Actual Outcomes Total # of beneficiaries achieving a positive outcome	\$4,288 Cost per Outcome Budget / Actual Outcomes
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Supporting Evidence

Impact Genome Assessment:



Overall assessment, based on rigor, relevance, and validity of evidence provided

Nonprofit's description of their evidence:

Calculation is based on amount of food redirected to each of Leftovers' service agency partners for 2024. Data was reported through the Rescue Food app by the volunteers redirecting the food. All agencies participating in the Rescue Food program received more redirected food than they would have if they had not participated in the program.

How it Works

Most Emphasized Components (e.g., Activities) in this Program

A03.04.7.02 Utilize Rescued / Surplus Food	18%
A03.04.7.01 Provide Food for Local Distribution	26%
A03.04.5.05 Engage with Volunteers / Community to Deliver Program	23%
A03.04.8.02 Partner with Community Organizations	16%
A03.04.8.05 Partner with Businesses / Corporations	4%

Program Intensity

Contact Hours	Duration	Frequency	Dosage
52 hrs	1 yr - 3 yrs	2-6 times per wk	30 mins - 1 hr

Sector Benchmark Data

Program Name	Efficacy Rate	Cost Per Outcome
Rescue Food Alberta	100%	\$4,288
Impact Genome Benchmark* for this Outcome	96% - 99%	\$42,492 - \$81,371

* The average Efficacy Rate and Cost Per Outcome of all programs in the Impact Genome database that target this same outcome as of March 2025.